



# HEALTH DECLARATION

**IMPORTANT NOTE:** PURSUANT TO SECTION 23(5) INSURANCE ACT 1966, YOU ARE TO DISCLOSE IN THIS APPLICATION FORM FULLY AND FAITHFULLY ALL THE FACTS WHICH YOU KNOW OR OUGHT TO KNOW, OTHERWISE THE INSURANCE EFFECTED MAY BE VOID.

Policy Number(s)	<input type="text"/>	
Name of Assured	<input type="text"/>	NRIC/FIN Number <input type="text"/>
Name of Life Assured	<input type="text"/>	NRIC/FIN Number <input type="text"/>

Any disease or condition of health will not qualify for benefit unless it is fully disclosed to and accepted by us. You must ensure that each question below is answered clearly and fully and that all material information, including any new disease or condition of health or any change in state of health, which arises or becomes known to you prior to the coverage effective date is given for consideration by us. Should you require more space for your answers, please continue on a separate sheet, sign and date it.

**If you are unsure whether any information is material or not, you are advised to disclose it.**

## TYPE OF REQUESTS

- Reinstatement** (Please complete Sections A and E)
- Upgrade of Plan/Options** (For Singlife Shield / Singlife Health Plus only)
  - If your existing policy is under Guaranteed Issuance Offer (GIO) or Full Medical Underwriting (FMU) – (Please complete Sections C, D and E).
  - If your policy is under Moratorium Underwriting (MO) – (Please complete Sections C and E).
- Update / Additional information on medical conditions** (Please complete Sections C, D and E).

## SECTION A: REINSTATEMENT

**IMPORTANT NOTE:**

1. You are required to affirm the declaration below if your policy(ies) lapsed within a year.
2. If you are unable to affirm the declaration below, please complete:
  - a. Section B and E for Singlife Cancer Cover Plus
  - b. If your existing policy is under Guaranteed Issuance Offer (GIO) or Full Medical Underwriting (FMU), please complete Sections C, D and E.
  - c. If your existing policy is under Moratorium Underwriting (MO), please complete Sections C and E only. If your answer 'Yes' to any of the questions in Section C, please also complete Section D.

- I declare that:
- a) There has been no change in the Life Assured's health status\* since the policy was issued;
  - b) The Life Assured has not sought any medical advice/treatment or had any medical test(s) done (other than voluntary health screening where results are normal) since the lapse date of the above policy.

\* You do not need to inform us of minor ailments (e.g. cough, cold, fever) which you have fully recovered from.

## SECTION B: UNDERWRITING QUESTIONS (FOR SINGLIFE CANCER COVER PLUS ONLY)

1. Have you ever had or are you currently under investigation for:	
a. Cancer, carcinoma in situ of any kind, Hepatitis B (other than healthy carriers*), Hepatitis C, Cirrhosis, liver disease due to alcohol, Crohn's disease, Ulcerative Colitis, Barrett's Oesophagus or HIV/AIDS? * Never been on medication and liver function normal in the last 12 months.	<input type="checkbox"/> Yes <input type="checkbox"/> No
b. Benign growth(s)?	
i. The following growth(s) which doctors have advised that no treatment or referral to a specialist is needed – adenomyosis, cervical cyst, chalazion, dermoid cyst, endometriosis, keratinous cyst, nabothian cyst, sebaceous cyst, or spinal synovial cyst. For simple breast cyst, please refer to (ii).	<input type="checkbox"/> Yes <input type="checkbox"/> No
ii. The following growth(s) which has been removed with no recurrence and no further follow-up needed - simple breast cyst, congenital brain cyst (arachnoid/colloid), endometrial polyp, gallbladder polyp, hemangioma, lipoma, ovarian cyst, pilonidal cyst, rhabdomyoma, or uterine fibroid.	<input type="checkbox"/> Yes <input type="checkbox"/> No
iii. Breast growth (fibroadenoma, fibrocystic breast disease, etc.)	<input type="checkbox"/> Yes <input type="checkbox"/> No
iv. Colon polyp (removed, no recurrence and no further treatment or follow-up needed)	<input type="checkbox"/> Yes <input type="checkbox"/> No
v. Other than the above	<input type="checkbox"/> Yes <input type="checkbox"/> No

**SECTION B: UNDERWRITING QUESTIONS (FOR SINGLIFE CANCER COVER PLUS ONLY) (continued)**

<p>2. Have you been advised (other than routine screening by age, where results are normal) or intend to undergo any of the following: biopsy, tumour markers, endoscopy, colonoscopy, ultrasound, CT/ MRI/ PET scan, mammography, pap smear OR had any investigations/tests which were abnormal and/or required monitoring?  <i>*For scans done due to injury or heart disease (e.g. heart valve disorder, etc.), please answer 'No'.</i></p> <p>If you answer 'Yes' to Q2, please select a, b, or c.</p> <p>a. Results is normal <input type="checkbox"/></p> <p>b. Abnormal result or require monitoring <input type="checkbox"/></p> <p>c. Awaiting result <input type="checkbox"/></p>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>3. Did you have any of these symptoms in the last 6 months:</p> <p>a. weight loss of more than 5 kgs without diet or lifestyle modification; or</p> <p>b. coughing with blood; or</p> <p>c. unusual bleeding or discharge from any body part for more than one week continuously; or</p> <p>d. persistent change in bowel or bladder habits; or</p> <p>e. a mole or skin blemish which has changed in appearance.</p>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>

**SECTION C: UNDERWRITING HISTORY (FOR SINGLIFE SHIELD / SINGLIFE HEALTH PLUS ONLY)**

**IMPORTANT NOTE:**

- If you choose to complete Section D even though you are not required to do so, you understand and agree that your answers will be taken into consideration in processing your Singlife Shield and/or Singlife Health Plus claims.
- If you answer 'Yes' to any below questions, please note that your underwriting option would have to be Full Medical Underwriting and you are required to complete Section D. Change of plan/reinstatement may be subject to new counter-offer terms by Singapore Life Ltd. after underwriting.

<p>1. Have you had an application of a Life, Critical Illness, Health, Accident, Disability policy deferred, declined or required to pay Additional Premiums for MediShield Life?          If 'Yes', please provide details.</p> <p>Name of Insurer <input type="text"/> Type of Policy <input type="text"/></p> <p>Reason <input type="text"/></p>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>		
<p>2. Have you ever experienced symptoms or received medical advice or had treatment for any of the following conditions (whether diagnosed or not)?</p> <table border="0"> <tr> <td> <ul style="list-style-type: none"> <li>• AIDS or HIV infection</li> <li>• Alzheimer's disease</li> <li>• Angioplasty</li> <li>• Any form of Cancer</li> <li>• Atherosclerosis</li> <li>• Autism</li> <li>• Bipolar Disorder</li> <li>• Chronic cor pulmonale</li> <li>• Chronic Kidney disease</li> <li>• Chronic Obstructive lung disease</li> <li>• Coronary Artery Disease (CAD)</li> <li>• Dementia</li> <li>• Diabetes Mellitus / Impaired Glucose tolerance</li> <li>• Down syndrome</li> <li>• Heart attack</li> <li>• Heart bypass</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• Hepatitis C/D</li> <li>• Ischaemic Heart Disease (IHD)</li> <li>• Kidney failure</li> <li>• Liver cirrhosis</li> <li>• Multiple sclerosis</li> <li>• Muscular Dystrophy</li> <li>• Organ transplant</li> <li>• Osteoporosis</li> <li>• Paralysis</li> <li>• Polycystic Kidney disease</li> <li>• Pulmonary hypertension</li> <li>• Schizophrenia</li> <li>• Stroke</li> <li>• Systemic Lupus Erythematosus (SLE)</li> <li>• Thalassaemia intermediate/major</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>• AIDS or HIV infection</li> <li>• Alzheimer's disease</li> <li>• Angioplasty</li> <li>• Any form of Cancer</li> <li>• Atherosclerosis</li> <li>• Autism</li> <li>• Bipolar Disorder</li> <li>• Chronic cor pulmonale</li> <li>• Chronic Kidney disease</li> <li>• Chronic Obstructive lung disease</li> <li>• Coronary Artery Disease (CAD)</li> <li>• Dementia</li> <li>• Diabetes Mellitus / Impaired Glucose tolerance</li> <li>• Down syndrome</li> <li>• Heart attack</li> <li>• Heart bypass</li> </ul>	<ul style="list-style-type: none"> <li>• Hepatitis C/D</li> <li>• Ischaemic Heart Disease (IHD)</li> <li>• Kidney failure</li> <li>• Liver cirrhosis</li> <li>• Multiple sclerosis</li> <li>• Muscular Dystrophy</li> <li>• Organ transplant</li> <li>• Osteoporosis</li> <li>• Paralysis</li> <li>• Polycystic Kidney disease</li> <li>• Pulmonary hypertension</li> <li>• Schizophrenia</li> <li>• Stroke</li> <li>• Systemic Lupus Erythematosus (SLE)</li> <li>• Thalassaemia intermediate/major</li> </ul>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
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**SECTION D: UNDERWRITING QUESTIONS (FOR SINGLIFE SHIELD/SINGLIFE HEALTH PLUS ONLY)**

1. What is your height?	<input type="text"/> metres
2. What is your weight?	<input type="text"/> kgs
<p>3. Have you ever experienced symptoms or received medical advice or had treatment for any of the following conditions (whether diagnosed or not)?</p> <p>a. Heart attack, chest pain or discomfort, irregular heart beat, heart valve disorder, heart murmur, palpitations or any other blood vessel or heart disease or disorder</p> <p>b. High blood pressure or high cholesterol?</p> <p>c. Cancer, or malignant tumour/growth/lump/nodule/polyp/cyst of any kind including cancer screening tests that were not normal?</p> <p>d. Benign tumour/growth/lump/nodule/polyp/cyst?</p> <p>e. Diabetes, elevated or raised blood sugar, thyroid disorders or any other endocrine disease or disorder?</p> <p>f. Asthma, bronchitis, pneumonia, tuberculosis, emphysema or any other breathing or lung disease or disorder?</p> <p>g. Depression, anxiety, stress or any other mental or nervous disorder?</p> <p>h. Drug or alcohol addiction or abuse?</p> <p>i. Arthritis, gout or any other disorder, pain or injury to the muscles, bones, tendons, limbs, joints, spine (back or neck)?</p> <p>j. Stroke, epilepsy, fits, paralysis or weakness of limb, head injury or any other neurological disease or disorder?</p> <p>k. Crohn's disease, ulcerative colitis, stomach or duodenal ulcers, or any other bowel, stomach or intestinal disease or disorder?</p> <p>l. Hepatitis B or C, fatty liver, jaundice, abnormal or elevated liver function, gallstones or any other liver or gallbladder disease or disorder?</p> <p>m. AIDs, HIV or sexually transmitted disease?</p> <p>n. Anaemia, thalassaemia, haemophilia or any other blood disease or disorder?</p> <p>o. Kidney stones, kidney infection, urine abnormalities or any other kidney, bladder, prostate or gynaecological disease or disorder?</p> <p>p. Eye, ear, nose or throat disease or disorder (excluding sight problems corrected by prescription lenses)?</p> <p>q. Any other illness, disorder, operation, physical disability, injury or hospitalisation not mentioned above?</p>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>4. For application of life assured who is a dependant child (aged one year and below), please answer the following questions:</p> <p>a. Were there any significant events during pregnancy or delivery of the child including but not limited to difficulties during or at birth, congenital mental developmental issues, respiratory distress syndrome, prolonged neonatal jaundice, respiratory disorder?</p> <p>b. Was the child a premature baby (i.e. less than 37 weeks of gestation)?</p> <p>c. Has the child been advised or been told to go for further follow up or further evaluation after each routine assessment?</p> <p>d. If you answered 'Yes' to any of questions 4(a) to (c) above, please provide a full copy of the child's Health Booklet and complete the table below.</p>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>

**SECTION D: UNDERWRITING QUESTIONS (FOR SINGLIFE SHIELD/SINGLIFE HEALTH PLUS ONLY) (continued)**

**IMPORTANT NOTE:**

- If you answer 'Yes' to either Question 3 or 4 above, please complete the table below.

Question no.	Medical condition and exact diagnosis	Date of <b>first</b> symptoms, diagnosis or recurrence <input type="checkbox"/> 0 – 6 mths <input type="checkbox"/> 7 – 12 mths <input type="checkbox"/> 1 – 2 yrs <input type="checkbox"/> 2 – 3 yrs <input type="checkbox"/> 3 – 5 yrs <input type="checkbox"/> > 5 yrs
Have you made a <b>full recovery</b> with no further treatment, recurrence of condition, ongoing symptoms or complications? <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b> How long since your <b>full recovery</b> ? <input type="checkbox"/> 0 – 6 mths <input type="checkbox"/> 7 – 12 mths <input type="checkbox"/> 1 – 2 yrs <input type="checkbox"/> 2 – 3 yrs <input type="checkbox"/> 3 – 5 yrs <input type="checkbox"/> > 5 yrs What treatment or medication did you take? <input style="width: 50%;" type="text"/>		
Name and address of doctor consulted <input style="width: 90%;" type="text"/>		
<input style="width: 90%;" type="text"/>		
Question no.	Medical condition and exact diagnosis	Date of <b>first</b> symptoms, diagnosis or recurrence <input type="checkbox"/> 0 – 6 mths <input type="checkbox"/> 7 – 12 mths <input type="checkbox"/> 1 – 2 yrs <input type="checkbox"/> 2 – 3 yrs <input type="checkbox"/> 3 – 5 yrs <input type="checkbox"/> > 5 yrs
Have you made a <b>full recovery</b> with no further treatment, recurrence of condition, ongoing symptoms or complications? <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b> How long since your <b>full recovery</b> ? <input type="checkbox"/> 0 – 6 mths <input type="checkbox"/> 7 – 12 mths <input type="checkbox"/> 1 – 2 yrs <input type="checkbox"/> 2 – 3 yrs <input type="checkbox"/> 3 – 5 yrs <input type="checkbox"/> > 5 yrs What treatment or medication did you take? <input style="width: 50%;" type="text"/>		
Name and address of doctor consulted <input style="width: 90%;" type="text"/>		
<input style="width: 90%;" type="text"/>		
Question no.	Medical condition and exact diagnosis	Date of <b>first</b> symptoms, diagnosis or recurrence <input type="checkbox"/> 0 – 6 mths <input type="checkbox"/> 7 – 12 mths <input type="checkbox"/> 1 – 2 yrs <input type="checkbox"/> 2 – 3 yrs <input type="checkbox"/> 3 – 5 yrs <input type="checkbox"/> > 5 yrs
Have you made a <b>full recovery</b> with no further treatment, recurrence of condition, ongoing symptoms or complications? <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b> How long since your <b>full recovery</b> ? <input type="checkbox"/> 0 – 6 mths <input type="checkbox"/> 7 – 12 mths <input type="checkbox"/> 1 – 2 yrs <input type="checkbox"/> 2 – 3 yrs <input type="checkbox"/> 3 – 5 yrs <input type="checkbox"/> > 5 yrs What treatment or medication did you take? <input style="width: 50%;" type="text"/>		
Name and address of doctor consulted <input style="width: 90%;" type="text"/>		
<input style="width: 90%;" type="text"/>		

**SECTION D: UNDERWRITING QUESTIONS (FOR SINGLIFE SHIELD/SINGLIFE HEALTH PLUS ONLY) (continued)**

5. In the **last 5 years**, have you had any **medical test(s) with abnormal results**, such as X-ray, ultrasound, imaging scan, biopsy, electrocardiogram (ECG), blood or urine test, Covid-19 PCR, pap smear or mammogram?  Yes  No

If 'Yes', please complete the table below:

Name of medical test	Date of initial test <input type="checkbox"/> 0 – 6 mths <input type="checkbox"/> 7 – 12 mths <input type="checkbox"/> 1 – 2 yrs <input type="checkbox"/> 2 – 3 yrs <input type="checkbox"/> 3 – 5 yrs <input type="checkbox"/> > 5 yrs
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Have you had a follow-up test?  Yes  No

If 'Yes', what was the result?  Normal  Abnormal  Don't know

Date of follow-up test  0 – 6 mths  7 – 12 mths  1 – 2 yrs  2 – 3 yrs  3 – 5 yrs  > 5 yrs

Have you been prescribed treatment or been advised to have any further test or required follow-up/monitoring?  Yes  No

If 'Yes', please provide details

Name and address of **doctor** whom you consulted

Name of medical test	Date of initial test <input type="checkbox"/> 0 – 6 mths <input type="checkbox"/> 7 – 12 mths <input type="checkbox"/> 2 – 3 yrs <input type="checkbox"/> 3 – 5 yrs
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Have you had a follow-up test?  Yes  No

If 'Yes', what was the result?  Normal  Abnormal  Don't know

Date of follow-up test  0 – 6 mths  7 – 12 mths  1 – 2 yrs  2 – 3 yrs  3 – 5 yrs  > 5 yrs

Have you been prescribed treatment or been advised to have any further test or required follow-up/monitoring?  Yes  No

If 'Yes', please provide details

Name and address of **doctor** whom you consulted

6. Are you currently experiencing symptoms or considering seeking medical advice or treatment for your health other than minor illness such as cold or flu?  Yes  No

If 'Yes', please complete the table below:

What are the symptoms or condition?

Date of first symptoms  0 – 6 mths  7 – 12 mths  1 yr or more

Date of any planned medical consultation

What are the symptoms or condition?

Date of first symptoms  0 – 6 mths  7 – 12 mths  1 yr or more

Date of any planned medical consultation

## SECTION E: DECLARATION

I/We agree to inform Singapore Life Ltd. ("Singlife") if there is any change in the state of my/our health or other disclosures, statements or declarations that I/we have made in this Health Declaration between the date of this application and the date the policy includes but is not limited to any change in the state of my/the proposed life assured's health, or if I/the proposed life assured plan to seek medical consultation, investigation, or treatment, or any change to my existing insurance policies or concurrent insurance applications that I/we have. I/We understand that the terms of accepting me/us as a risk for insurance coverage may vary according to such information received.

I/We declare that the information given is true and complete and that I/we have not withheld any material information that may influence the assessment of my/our application.

I/We agree that this declaration will constitute part of my/our application/policy and that failure to disclose any material known fact(s) by me/us may render the contract void from the start and nothing may be payable under the Policy.

For and on behalf of myself and the Life Assured, I/we consent to Singlife collecting, processing and/or disclosing my/our personal data for the processing of the above transaction and such other purposes ancillary or related to the administering of the policy(ies) and account(s), and for statistical, research, compliance, audit and regulatory purposes.

For and on behalf of myself and the Life Assured, I/we also consent to Singlife disclosing and/or transferring my/our personal data to Singlife related group of companies, third party service providers, reinsurers, suppliers and/or intermediaries (including my/our financial adviser, where applicable), whether located in Singapore or elsewhere, for the above purposes, and managing my/our relationship with Singlife related group of companies.

For and on behalf of myself and the Life Assured, I/we confirm that I/we have read, understood and agree to be bound by the terms of Singlife's Data Protection Notice (found on <https://singlife.com/en/pdpa>) as may be amended, supplemented and/or substituted by Singlife from time to time and confirm that I/we am/are aware that the latest version of such terms (amended, supplemented and/or substituted version) will be posted on Singlife's website and such version shall bind me/us upon posting and/or where I/we continue to use the relevant products and services offered by Singlife to which such terms relate to.

I/We am/are aware that I/we can view and download a copy of Genetics Moratorium Factsheet from [www.singlife.com](http://www.singlife.com).

If Singlife accepts any Instalment Premium or any part of Instalment Premium paid after the Grace Period, it does not mean this Policy will continue or be reinstated.

Singlife shall have the right to reject any application for any other reasons.

I/We understand and agree that the changes requested in this application:

- may require medical evidence, and I/We will pay any costs involved in providing the medical evidence Singlife needs;
- are subject to Singlife's underwriting and acceptance;
- if accepted, may be subjected to terms, conditions and exclusions imposed by Singlife; and will take effect only when Singlife has accepted and approved my/our application, notified me/us in writing of the cover start date and provided that I/we have paid the required premiums (and interest, if applicable) in full.

<p>Signature of Assured / Policyholder (Owner) &gt; <i>Your signature must be consistent with our record</i></p> <p>Name of Assured / Policyholder (Owner) &gt; <i>Name as in NRIC</i></p>	<p>Mobile number</p> <p>Email address</p>	<p>Date (DD/MM/YY)</p>
<p>Signature of Life Assured &gt; <i>For age next birthday 17 years and above</i> &gt; <i>Your signature must be consistent with our record</i></p> <p>Name of Life Assured &gt; <i>Name as in NRIC</i></p>	<p>Date (DD/MM/YY)</p>	

**NOTE:**

Mobile number and email address provided will replace our records accordingly.